

PROGRAMME SCHEDULE | 29th September – 1st October 2026

DAY 1 – 29 th SEPTEMBER 2026 PRE-CONFERENCE WORKSHOP	
08:00 AM - 09:00 AM	Registration, Breakfast & Networking
09:00 AM - 09:30 AM	Pre conference Workshop Inauguration
09:30 AM - 01:00 PM	GROUP A– Course 1: Research Models in Autoimmune Disorders. GROUP B – Course 1: Marma Chikitsa in Autoimmune Disorders Course 2: OPD Based External Panchakarma Procedures
11:00 AM - 11:15 AM	High Tea
01:00 PM - 02:00 PM	Lunch
02:00 PM - 05:00 PM	GROUP A – Course 2: Drug Survey GROUP B – Course 1: Marma Chikitsa in Autoimmune Disorders Course 2: OPD Based External Panchakarma Procedures
03:30 PM - 03:45 PM	High Tea
05:00 PM - 05:30 PM	Valedictory / Certificate distribution
Workshop faculty: Group A: Dr. Ravishankar and Dr. Ajayan Sadanandan Group B: Dr. N.V. Sreevaths and Dr. Niranjan Rao.	

DAY 2 – 30 th SEPTEMBER 2026 - CONFERENCE	
08:00 AM - 09:00 AM	Registration & Breakfast
09:00 AM - 09:45 AM	Keynote Address – Dr. Srinivasa Hejmadi Acharya
10:00 AM - 11:15 AM	Inaugural Ceremony
11:15 AM - 11:30 AM	Tea Break
11:30 AM - 12:15 PM	1 st Scientific Session – The Science of Traditional Foods (Ahaara Vijnana) and Personalised Nutrition in Understanding Autoimmune Disorder Management Dr. Vishweshwaraiah Prakash
12:15 PM - 01:00 PM	2 nd Scientific Session – Bridging Contemporary Immunology and Ayurveda through Integrative Research. Dr. Bhushan Patwardhan
01:00 PM - 02:00 PM	Lunch
02:00 PM - 02:40 PM	3 rd Scientific Session – The Microbiome as One Dimension of Agni: A Translational Model for Intestinal Permeability and Autoimmune Pathogenesis Dr. Jorge Luis Berra
02:40 PM - 03:20 PM	4 th Scientific Session – Translational Research in Immunology and Ayurveda Dr. Rammanohar Puthiyedath
03:20 PM - 04:00 PM	5 th Scientific Session – Ayurvedic Insights into the Pathogenesis of Immune Dysregulation and Autoimmunity Dr. Prasanna N Mogasale
04:00 PM - 04:15 PM	High Tea
04:15 PM - 06:00 PM	1 st Parallel Scientific Session
06:00 PM - 06:30 PM	Networking
06:30 PM - 08:00 PM	S.D.M Kala Vaibhava
08:00 PM Onwards	Dinner

DAY 3 – 1 st OCTOBER 2026 CONFERENCE	
07:45 AM - 09:30 AM	2 nd Parallel Scientific Session & Breakfast
09:30 AM - 10:10 AM	6 th Scientific Session – When Tolerance Fails: Recent Advances in Diagnosing Autoimmune Disease, with a Live Decision Support Demonstration Dr. Shashikiran Umakanth
10:10 AM - 10:50 AM	7 th Scientific Session (Online) – Ayurveda and Autoimmunity: A European Academic Perspective Dr. Christian Kessler
10:50 AM - 11:30 AM	8 th Scientific Session – “Autoimmune Disorders through the Lens of Rasashastra: Evidence-Based Innovative Rasayanas” Dr. Yogesh Bendale
11:30 AM - 11:40 AM	High Tea
11:40 AM - 12:20 PM	9 th Scientific Session – Integrative approaches in Neuroimmunological Disorders: Perspectives from a Tertiary Neuropsychiatry centre. Dr. Kishore Kumar
12:20 PM - 01:00 PM	10 th Scientific Session – Scope of Ayurveda in the management of Crohn’s disease Dr. Anita Karilio Arkas
01:00 PM - 02:00 PM	Lunch
02:00 PM - 02:40 PM	11 th Scientific Session (Online) - Beyond Integration: A Collaborative Medicine and Science Approach to Autoimmune Disorders Through Ayurveda and Modern Medicine Dr. Antonio Morandi
02:40 PM - 03:20 PM	12 th Scientific Session – Evidence-Based Evaluation of Ayurvedic Shodhana Therapies in Autoimmunity Dr. Prashanth A.S.
03:20 PM - 04:00 PM	Panel Discussion
04:00 PM - 05:00 PM	Valedictory
05:00 PM Onwards	Closure and Certification

Venue

Sri Dharmasthala Manjunatheshwara College of Ayurveda, Udupi

Scan for Venue Location

