



KSHAMATVAM 2026 – OFFLINE PAPER PRESENTATIONS

Presenters: PGs

Venue: OJAS – [PG CLASSROOM PANCHAKARMA]

<u>DATE:30.09.2026</u>				<u>TIME:4:00PM TO 6:00PM</u>
SL. NO.	REG. NO.	NAME OF PRESENTER	PHONE NO.	Title
1	0119	Dr. ANAND S KUMBAR	9945392607	“Therapeutic Potential of Ghṛta in Ayurveda: A Review of Classical Literature and Evidence in Autoimmune Disorders
2	0370	Dr. KUMAR DHURVA	9505366288	Shad Garbhakara Bhavas and the Developmental Origins of Autoimmune Disorders: A Narrative Review of Maternal Psychoneuroimmunological and Epigenetic Evidence
3	0418	Dr. BHUVANESH KUMAR R	7305932137	Immunological male infertility: bridging anti-sperm antibodies with ayurvedic concepts of sukra dusti
4	0392	Dr. S P DEEPIKA	9740720031	Ojas and Prakrita Shleshma in Immune Homeostasis: Bridging Ayurvedic Concepts of Host Defence and Immune Regulation
5	0413	Dr. SHREYANKA ARAVIND MULIMANI	8277099225	Nidra and Autoimmunity: Exploring the Sleep–Immune Axis through Ayurveda and Contemporary Perspectives
6	0761	Dr. VAISHNAVI SONI	8839202471	Conceptual Integration of Asatmya and Viruddha Ahara in the Pathogenesis of Autoimmune Disorders
7	0354	Dr. DR ANAGHA R	8281829518	When maternal immunity meets pregnancy: psoriasis, immune dysregulation and maternal–fetal outcomes through an ayurvedic lens
8	0654	Dr. HARSHITHA M	6364376787	"Exploring the Rasayana and Yogavahi Potential of Swarna Makshika Bhasma"
9	0432	Dr. NANDITA S U	6364133423	Ojas and Usma-Agni In Immune Homeostasis: Bridging Ayurvedic Concepts of Metabolism and Immune Regulation.
10	0311	Dr. APOORVA S JANGAMASHETTI	8748848422	An ayurvedic approach to juvenile idiopathic arthritis in children
11	0650	Dr. AYUSH SHARMA	7018203123	Jalaukavacharana in Vitiligo (Shwitra): A Case-Based Exploration of Raktamokshana in an Autoimmune Skin Disorder
12	0424	Dr. VISHAL K R	9148415835	Ayurvedic Perspectives on Immunity: Connecting Kapha, Bala and Ojas
13	0317	Dr. PRIYANKA GANACHARI	7899006473	Role of kasisa yoga in indralupta with special reference to autoimmune induced alopecia areata
14	0112	Dr. PREETI	9468078904	Role of Punarnavashtaka Kashaya and Ajamodadi Choorna orally and as Basti in Amavata: A case report

CO-ORDINATOR: DR. THULASI T V 9747916048



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<u>DATE:01.10.2026</u>				<u>TIME:7:30AM TO 9:30AM</u>
SL. NO.	REG. NO.	NAME OF PRESENTER	PHONE NO.	Title
1	0505	Dr. JAYLAXMI NARASIMHACHARYA PUROHIT	7338057530	“Samhanana in Amavata: Exploring Structural and Functional Correlates through a Translational Ayurveda Perspective – A Hypothesis”
2	0609	Dr. AKSHATA J MAHENDRAKAR	6361350645	Title: Ayurvedic Management of Guillain–Barré Syndrome with Acute Motor Axonal Neuropathy: A Case Report
3	0402	Dr. AMRUTHA KARTHIKEYAN	7358329444	Exploring the Therapeutic Spectrum of Gu?Uci Rasayana in Dermatomyositis: An Uttana Vatarakta Perspective.
4	0745	Dr. EESHA K	9481015410	Diagnosis of Autoimmune Diseases Through the Fundamental Principles of Ayurveda: A Conceptual Approach
5	0411	Dr. DHWANI MANIAR	6354467475	Beyond glycemic control : exploring the immunomodulatory potential of shiva gutika in type 1 diabetes mellitus
6	0502	Dr. MINI RAI	7974741662	Ritusodhana as a Preventive Ayurvedic Approach to Environment- and Lifestyle-Associated Autoimmune Disorders: Bridging Classical Concepts with Contemporary Evidence
7	0361	Dr. ANCHAL SHARMA	9650597052	Ayurvedic diagnostic perspectives on autoimmune-mediated recurrent pregnancy loss: mapping garbhasrava through agni ojas-vyadhikshamatva dysfunction
8	0341	Dr. SAYALI MANOHAR PAWAR	9167172450	“Shwitra (Vitiligo) In A Child: Ayurvedic Principles and Specialty-Specific Management of Autoimmune Disorder – A Case Report”
9	0366	Dr. N.S.VANDANA DHANALAKSHMI	9074489835	Ayurvedic Diagnostic Perspectives in Autoimmune Myositis: A Conceptual Correlation
10	0523	Dr. PRADEEP PRAKASH DAINGADE	8419964287	“Gut–Immune Axis in Childhood Autoimmune Disorders: An Ayurvedic–Modern Perspective”
11	0635	Dr. TANYA GUPTA	9818914792	Sixteen-Year Ayurvedic Conservative Management of Ulcerative Colitis: A Case Report
12	0608	Dr. SHIVANI SHIVASHARANAPPA ALADI	9741470450	“A Clinical Case Study on Ayurvedic Management of Amavata (Rheumatoid Arthritis): A Holistic Approach”
13	0739	Dr. NARAYANAN S	7708782238	Psoriasis Through an Integrative Lens
14	0644	Dr. AKSHAT GUPTA	8930860129	Ayurvedic Approach in Papillary Carcinoma of Thyroid: A Case Report
15	0721	Dr. VATHAN P H	7899343372	Integration of the Concept of Du?Ivi?A in Disease Pathogenesis

CO-ORDINATOR: DR. THULASI T V 9747916048



**SRI DHARMASTHALA MANJUNATHESHWARA COLLEGE OF AYURVEDA HOSPITAL
& RESEARCH CENTRE, KUTHPADU, UDUPI – 574118**

KSHAMATVAM 2026 – OFFLINE PAPER PRESENTATIONS

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Venue: SHAKTI – [PG CLASSROOM MANASAROGA]

<u>DATE:30.09.2026</u>				<u>TIME:4:00PM TO 6:00PM</u>
SL. NO.	REG. NO.	NAME OF PRESENTER	PHONE NO.	Title
1	0528	Dr. BHAGVATI P VADHEL	9824339467	Vihara and Vyadhikshamatva: Exploring Vyayama as a Determinant of Immune Resilience
2	0743	Dr. PAVITRA UDAPUDI	9449966675	Immunomodulatory potential of medicinal plants in auto-immune disorders
3	0349	Dr. ABHIRAMI P AJITH	7736232505	Beyond the Gut: Pregnancy–Postpartum Transition and Restoration of Artava in Crohn's Disease
4	0357	Dr. PRATIK KOPPA	9900653240	Ayurvedic Management of Siragatavata (Vasculitis): A Review of Published Case Reports
5	0121	Dr. KEERTHANA M	7907605689	Exposure to environmental toxins and Autoimmune conditions
6	0365	Dr. NIVEDITHA S	6238892368	Vyadhikshamatva in vrana ropana: an ayurvedic perspective on wound healing
7	0390	Dr. MANIKESHWARI	8861207783	“Ojas and Manas: Decoding the Ayurvedic Mind–Body–Immunity Connection”
8	0328	Dr. DILEEPCHOUDHARY U	6360681220	Ayurveda Management of Guillain-Barre Syndrome through Sequential Panchakarma Interventions: A Case Study
9	0484	Dr. SARADHA PRIYADHARSHINI R	8939248476	Epigenetics in Autoimmunity: Emerging Insights and Integrative Perspectives
10	0683	Dr. RANJUSHREE K	9535915604	Role of autoimmunity in recurrent pregnancy loss
11	0314	Dr. SUMA	8970837219	Shadrassa to Immunomodulation: Ayurvedic Insights into the Therapeutic Potential of Medicinal plants
12	0099	Ms. SRUSHTI M. UNAWANE	9096638997	Panchkarma based Management of Psoriasis: Exploring the Role of Vamana Karma followed by Samana therapy
13	0400	Dr. DR SHREYA TALWAI	9606699871	Clinical analysis of Indigenous herbs in the management of iga Nephropathy - A Case Report
14	0337	Dr. VAISHNAVI D NALLA	9975079234	Golden Immunity: Exploring the Potential of Swarnaprashana in Pediatric Autoimmune Disorders
15	0114	Dr. SHARMILA NAYAK	8073880571	Asatmya and Viruddha Ahara in the Gut–Immune Axis of Autoimmunity

CO-ORDINATOR: DR. NAGARATNA 8971518695



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<u>DATE:01.10.2026</u>				<u>TIME:7:30AM TO 9:30AM</u>
SL. NO.	REG. NO.	NAME OF PRESENTER	PHONE NO.	Title
1	0106	Dr. SHREEDEEVI	8762290231	Epigenetics through the Ayurvedic Lens: An Integrative Perspective
2	0379	Dr. BHAVANI	6361781361	Decoding neuroplasticity through the lens of psychoneuroimmunology: a biomarker perspective
3	0610	Dr. BHOMIKA S BHAT	9380927048	Autoimmunity and mind: a bidirectional brain-immune interaction
4	0428	Dr. AJAY K R	7022173659	Sattva Bala and Glucocorticoid Receptor Resistance: A Neuroendocrine-Immune Model Linking Manasika Prak?Ti to Autoimmune Disorders w.s.r. To Vyadhik?Amatva
5	0682	Ms. DR. MEGHA MATHAD	6363877728	Hashimoto's thyroiditis and asrigdara an immuno-endocrine and ayurvedic perspective on aub
6	0621	Dr. DR SHARANYA RAO K	9632025970	Therapeutic Potency and Host Immunity: An Integrative Appraisal of Virya in Vyadhikshamatva
7	0651	Dr. YASHWANTH A N	8861495855	Gut-Immune Axis in Systemic Lupus Erythematosus: Understanding the Potential Role of Niruha Basti through an Ayurvedic Perspective
8	0475	Dr. SAHRUQUE HUSSAIN	9101167381	Ayurvedic Management of Extensive Psoriasis Correlated With Kitibha Kushta: A Case Presentation
9	0241	Dr. MANDARA SHETTY V	8105341772	Ayurvedic Management of Gambhira Vatarakta in a Patient with Sjögren's Syndrome: A Case Report
10	0686	Dr. PALLAVI TELE	9481667843	Immunomodulatory action of Yashada Bhasma in autoimmune disorders: A review
11	0593	Dr. DR SRINIVAS	9845972273	From Dusi Vi?A to the Exposome: A Conceptual Framework for Environmentally Induced Autoimmunity
12	0127	Dr. VISHWARADHYA	8197788607	Diagnostic challenges in auto immune diseases
13	0720	Dr. CHERLOPALLE NOVEL RAJU	6302634256	Swarna Bhasma as a Targeted Immunomodulator in Autoimmune Disorders.
14	0326	Dr. NIRMALA OINAM	7892649158	“From Debility to Mobility: Therapeutic Response to Virechana Karma in Amavata”
15	0338	Dr. TEJSWINI TUKARAM RAJE	8208620674	Allergic rhinitis and autoimmunity: unravelling the interplay between immune dysregulation and environmental triggers

CO-ORDINATOR: DR. NAGARATNA 8971518695



KSHAMATVAM 2026 – OFFLINE PAPER PRESENTATIONS

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Venue: PRAANA – [PG CLASSROOM SHALAKYA TANTRA]

<u>DATE:30.09.2026</u>				<u>TIME:4:00PM TO 6:00PM</u>
SL. NO.	REG. NO.	NAME OF PRESENTER	PHONE NO.	Title
1	0319	Dr. BASAVARAJESHWAR I	9108342281	Integration of Immunology with the concept of satmya in Ayurveda-A conceptual analysis.
2	0507	Dr. SUBRAMANYA S HEGDE	8310137779	Therapeutic Principles in Relation to Immunomodulation in the Carakasa?Hita: A Conceptual Review
3	0575	Dr. GANAVI G M	7975728878	When Food Meets Susceptibility: An Ayurveda Perspective on Viruddha Ahara and Autoimmune Disorders with clinical illustrations.
4	0629	Dr. FERNANDES PRINAL JANICE JOYLAN	9833314222	An Ayurvedic Understanding and Management of DPP-4 Inhibitor – Associated Bullous Pemphigoid through Visphota
5	0380	Dr. DR NIKITA DEVARADDI	9916045165	Shamana Aushadha and Panchakarma-Based Clinical Approaches in Autoimmune Disorders
6	0653	Dr. VINOD SURESH CHANDAWARI	6364068760	The Role of Kala in Vyadhik?Amatva (immunity): An Ayurvedic Perspective on Disease Resistance
7	0479	Dr. BHAVYA H	9400447561	Du?Ivi?A, Environmental Stress and Autoimmunity: A Preventive Perspective
8	0573	Dr. AMBIKA M	9446746817	Agni–Ojas–Autoimmunity Axis in Shushkakshipaka: Drawing Conceptual Parallels with Sjögren's Disease.
9	0343	Dr. ANJANA PRASANAN	8281735208	When the Eye Speaks for the System: Scleritis as a Window to Systemic Autoimmunity Through the Lens of Vyadhik?Amatva
10	0297	Dr. SOUPARNIKA R	9448833287	From Agni to Gut–Immune x: Exploring the Potential Role of Chitraka (Plumbago zeylanica Linn.) In Amavata— An Integrative Ayurvedic Perspective
11	0711	Dr. NANDYALA SAI NITHYA SREE	9866558942	The unseen axis of kusta : exploring ayurveda through IL-23/TH17 biology
12	0452	Dr. SREEDEV A S	9747899298	Rheumatoid Arthritis Through the Lens of Amavata: An Ayurvedic Clinical Framework for Samana and Panchakarma
13	0707	Dr. K.VEENA KUMARI	9550492008	“Autoimmune disorders through the ayurvedic lens: integrating agni, ama, dosha and vyadhikshamatva with contemporary immunology”
14	0625	Dr. RAHUL KUMAR PANDIT	8618456113	Unravelling autoimmune hepatitis through agni and ama : an ayurvedic conceptual perspective
15	0633	Dr. SHIVANI BAPUSAHEB JASUD	9284733108	Conceptual Integration of Asatmya Ahara and Viruddha Ahara in the Pathogenesis of Autoimmune Disorders: An Ayurvedic Perspective

CO-ORDINATOR: DR. THEJASWI 8073867764



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<u>DATE:01.10.2026</u>				<u>TIME:7:30AM TO 9:30AM</u>
SL. NO.	REG. NO.	NAME OF PRESENTER	PHONE NO.	Title
1	0367	Dr. SHARIKA M	9481561240	From Pathya to Potential Therapeutic: Exploring the Immunomodulatory Role of Vartaka (Solanum melongena L.) In Rheumatoid Arthritis
2	0611	Dr. NAGASHREE KS	9686642680	Dvi-Hetu Samprapti in Autoimmunity: Mapping Gara and Dushi Visha to Immune Tolerance Failure
3	0698	Dr. RAKESH KUMAR GURAVA	7427071171	Ahara and Vihara as Determinants of Bala and Vyadhik?Amatva: An Ayurvedic Perspective on Diet, Lifestyle, and Immune Resilience
4	0388	Dr. SHWETA. B.K	9353208210	Air Pollution–Pollen Interaction in Respiratory and Allergic Disorders: An Ayurvedic Perspective
5	0684	Dr. DR ASHA K	9380529866	Critical appraisal on the effect of swarna bhasma on autoimmune diseases
6	0176	Dr. VEDANT KATARIA	9478884339	Conceptual insights into autoimmune hepatitis: exploring the role of pippali rasayana
7	0580	Dr. DR POOJA HP	7829381507	Exploring the Gut–Placental–Epigenetic Axis in the Development of Autoimmunity
8	0691	Dr. MAHESH GANACHARI	8095465288	Therapeutic and Immunomodulatory Potential of Patola (Trichosanthes Sp.) In Autoimmune Disorders: An Integrative Review
9	0391	Dr. S.ELA	9731833210	Conceptualizing Swabhava Upama Vada through the lens of self-tolerance
10	0309	Dr. ABHIRAMI A S	9656770346	Du?I vi?A in svitra: an integrative ayurvedic perspective on environmental toxicity and autoimmune pathogenesis
11	0393	Dr. CHAITRA H S	7899194010	Title: From Rasayana to Immunomodulation: Exploring Chaturmukha Rasa in the Context of Autoimmune Disorders
12	0300	Dr. SOURABHA TALAGADAMANI	7019287920	Strengthening Airway Immunity: Pancha Shirisha Agada in Respiratory Tract Infections
13	0321	Dr. AISHWARYA	6363913935	Immunomodulatory Potential of Bilvadi Agada: An Ayurvedic Perspective
14	0310	Dr. CHAITRASHRI KULKARNI	9380962425	Drug profiling of Calacanthus grandiflorus(Dalzell)Radlk – An Endemic Wealth of the Western Ghats used for Autoimmune Liver Disease
15.	0178	Dr. MIYANI RAJ DINESHBHAI	9664605407	Conceptual insights into systemic sclerosis: exploring the role of vardhamana pippali rasayana

CO-ORDINATOR: DR. THEJASWI 8073867764



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<u>DATE:30.09.2026</u>				<u>TIME:4:00PM TO 6:00PM</u>
SL. NO.	REG. NO.	NAME OF PRESENTER	PHONE NO.	Title
1	0555	Dr. MAHENDRA S	9902268903	Management of Rheumatology Spectrum Disorders through the Combined Internal Use of Agastya Rasayana and Dhanvantara Tailam- A Review.
2	0557	Dr. SAWANT SNEHA DILIP	8055509099	Immuno-modulatory Relevance of Navakarshika Ksheera Basti in Gouty Arthritis Based on Clinical Response and Urate Transporter 1 level: Case Series
3	0426	Dr. KAVYA	8073005665	Role of Madya (Alcohol) in the etiopathogenesis of Autoimmune Disorders : An Agadatantra perspective
4	0571	Dr. ADITI SHARMA	9418215078	Role of ayurvedic intervention in the treatment of ulcerative colitis– a case study
5	0429	Dr. PARIPOORNA M S	7760625719	Ayurvedic determinants of immunity role of ahara - ahara kalpana as a determinant of vyadhi-kshamatva
6	0567	Dr. NITYA KR	9447448412	Modulating Autoimmune Pathology in Dermatitis through Vamana Karma: Clinical Insights from a Case Report
7	0659	Dr. JAYADEEP H	9633672907	Concept of ojas : the ayurvedic basis of foetal innate immunity.
8	0656	Dr. DR DIPANSHU POKHREL	8448966485	From Preclinical Autoimmunity to Amavata: An Ayurveda-Modern Integrative Review of Epigenetics and Immune Tolerance
9	0303	Dr. SAGAR PRAKASH JALAKOTI	8660981329	"Dooshivishari Agada: An Ayurvedic Approach to immune modulation W.S.R to Dermatological Conditions"
10	0386	Dr. DR. RAMEEJA.A	7090673966	Du?Ivi?A and Gara Vi?A as Potential Etiological Factors in Autoimmune Disorders: An Ayurvedic Perspective
11	0395	Dr. RAHUL BABASO RUGGE	7083053782	Personalised Rasayana Therapy for Optimizing Vyadhi-k?Amatvam: A Systemic Pharmacological Framework Integrating Rasa Pañcaka, Prak?Ti and Immune Phenotypes"
12	0641	Dr. DR K N LALITA	9482348120	Samana aushadha and panchakarma in autoimmune disorders
13	0628	Dr. SHIVANI	9742387023	Narcolepsy Through the Lens of Ayurveda: A Conceptual Correlation of Sleep–Wake Dysregulation with Nidra, Tandra and Dosha Imbalance
14	0384	Dr. S. KAVYA	8754818998	Agni: The Ultimate Determiner of “vyadhi-utpada prakatibandhakatvam”
15	0308	Dr. SEEMA JHA	9854027001	The Conceptual Study of Viruddha Ahara in the Pathogenesis of Autoimmune Disorders: A Preventive Perspective

CO-ORDINATOR: DR. POORNIMA 9986606595



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<u>DATE:01.10.2026</u>				<u>TIME:7:30AM TO 9:30AM</u>
SL. NO.	REG. NO.	NAME OF PRESENTER	PHONE NO.	Title
1	0462	Dr. JYOTHIKA N	9483506714	Ayurvedic management of alopecia totalis: a case study.
2	0369	Dr. SNEHAL M PAWAR	9207117719	Integrative ayurvedic perspective on multiple sclerosis in pregnancy: pathology, maternal outcomes, and dhatu-based correlation
3	0417	Dr. DR VINAY KUMAR M M	9741832941	Safe and effective management of eka kushtha /chronic plaque psoriasis through ayurveda
4	0506	Dr. ARDRA PREM	8547482433	From Therapeutic Exposure to Chronic Inflammation: Reinterpreting Beta-Blocker-Induced Psoriasis Through Dooshi Visha
5	0197	Dr. TABREZ RAZA ANCHI	9535339631	Siravedha in Rheumatoid Arthritis with Special Reference to Vatarakta: A Conceptual Study
6	0206	Dr. SRUTHI V	7025057911	Dietary Incompatibility, Immune Dysregulation and Autoimmunity: An Ayurvedic–Contemporary Perspective
7	0568	Dr. SAKSHI MALIK	9990687838	Title: Ayurvedic Management of Recurrent Kitibha Kushtha (Psoriasis Vulgaris): A Case Study
8	0132	Dr. DR SAMPREETH M	9916226958	An Evidence-Based Target Analysis of the Immunomodulatory Potential of Ayurvedic Dravyas
9	0312	Dr. AKSHAYA P I	6374786062	“An Integrated Conceptual Framework of Prajasthapana Ga?A and Garbhi?I Paricarya in Antiphospholipid Antibody-Associated Recurrent Pregnancy Loss”
10	0562	Dr. NAMRUTHA. S.K	9961902515	Relevance of Virechana in Inflammatory Dermatoses: A Case-Based Exploration on Vicharchika with Autoimmune Overlap
11	0522	Dr. SHREEKALA	8762388758	Gayatri Mantra Japa as an Acara for Vyadhik?Amatva: A Conceptual Exploration in Ayurveda
12	0560	Dr. POONAM KUMARI	8350915978	Physiological Perspective of Oja, Bala and Vyadhikshamatva in Autoimmune Disorders
13	0171	Dr. ANKITA DANGI	7000306178	“Bridging Ayurveda and Epigenetics: Understanding Vyadhikshamatva and the Potential Role of Garbha Sanskara in Immune Programming”
14	0437	Dr. LAXMI G H	7026817617	Unravelling Autoimmune Disease Through the Lens of Ayurveda.
15	0208	Dr. USHA NAGESH HALAGIGOUDAR	9482796115	Chronic Eczematous Dermatitis w.s.r to Vicharchika : A case report

CO-ORDINATOR: DR. POORNIMA 9986606595



**SRI DHARMASTHALA MANJUNATHESHWARA COLLEGE OF AYURVEDA HOSPITAL
& RESEARCH CENTRE, KUTHPADU, UDUPI – 574118**

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Presenters: PGs Venue: STHAIRYAM – [PG CLASSROOM SAMHITA SIDDHANTA]

<u>DATE:30.09.2026</u>				<u>TIME:4:00PM TO 6:00PM</u>
SL. NO.	REG. NO.	NAME OF PRESENTER	PHONE NO.	Title
1	0569	Dr. MEGHA KAWALE	9834595138	A Translational Interpretation of Asatmya and Viruddha Ahara in Pathogenesis of Psoriasis.
2	0527	Dr. ZANKHANA GARASIYA	7574944421	From Nidra Viparyaya to Environmental Toxicity: Exploring Modifiable Factors in Autoimmune Disease Manifestation
3	0072	Dr. NIKHIL A ARKASALI	9845574313	Krimi–Host Interaction and Hypersensitivity: Translational Insights from Ayurveda.
4	0433	Dr. RUDRAKSH MAHAWAR	7014505687	Sarvarasabhyaso Balakara?Am in the Context of Ojas, Bala, and Vyadhi-kshamatva: An Ayurvedic Perspective on Immune Strength and Physiological Resilience Mechanisms
5	0626	Dr. PRITHVI G V	9902877017	Celiac disease through the ayurvedic lens: a translational model of satmya-asatmya and vyadhi-kshamatva
6	0600	Dr. ADARSH P S	9483694210	Critical Review of Piccha Basti in Inflammatory Bowel Disease
7	0167	Dr. SHREEDHAR HEGDE	9380369274	Immunomodulatory Potential of Upavisha in Autoimmune Diseases: An Overview
8	0631	Dr. CHINMAYEE KV	7676012228	Ayurvedic Perspectives on Lifestyle and Environmental Triggers in the Manifestation of Autoimmune Disorders
9	0508	Dr. KRISHNA	6362773868	Siravyadha in Vipadika – A Review of Randomized Comparative Clinical Trial Report.
10	0485	Dr. SHRIPRADA UPADHYA	8197641455	Exploring Jyotisha Parameters in Clinically Diagnosed Amavata (Rheumatoid Arthritis): Case Studies in the Context of Autoimmune Rheumatism
11	0122	Dr. KEERTHANA K P	6238429101	Gara Visha and Neoantigen Formation: An Ayurvedic Perspective on Loss of Self-Tolerance in Autoimmunity
12	0005	Dr. SURABHI BHATTI	8160702339	To Understand Type 1 Diabetes Mellitus (T1DM) in Ayurvedic Perspective with Special Reference to Autoimmunity.
13	0563	Dr. PARAG ANILBHAI KACHA	7878707277	" Laksana Samprapti Sambandha w.s.r. To Hashimoto Thyroiditis: A Conceptual Study from an Ayurvedic Perspective"
14	0063	Dr. BHARATH PATIL	8123457383	Management of ankylosing spondylitis wsr amavata- a case report
15	0595	Dr. AMRITHA P	8848908793	Ayurvedic management of crohn's disease - A case report

CO-ORDINATOR: DR. DHANASHRI PATIL 8884811008



KSHAMATVAM 2026 – OFFLINE PAPER PRESENTATIONS

Presenters: PGs Venue: STHAIRYAM – [PG CLASSROOM SAMHITA SIDDHANTA]

<u>DATE:01.10.2026</u>				<u>TIME:7:30AM TO 9:30AM</u>
SL. NO.	REG. NO.	NAME OF PRESENTER	PHONE NO.	Title
1	0060	Dr. SPOORTI J SAUNSHI	9110646536	Integrative ayurvedic management of interstitial pneumonia with autoimmune features-a case report with reference to shwasa
2	0427	Dr. ANJALI GIDAVEER	6363385373	Psoriatic arthritis in the light of gambhira vatarakta: a case study
3	0130	Dr. K PRATIBHA HEGDE	7022254307	Immunomodulatory potential of selected medicinal plants in management of rheumatoid arthritis: a pharmacological review
4	0531	Dr. SRINIDHI S SHETTY	9632005663	Immunomodulatory Potential of Ayurvedic Medicinal Plants in Rheumatoid Arthritis
5	0529	Dr. PRATHIKA K	7892581468	The Ayurvedic Triad of immunity:Ahara,Vihara and Achara
6	0526	Dr. VIJAYALAKSHMI BABU	9513707406	From Ahara to autoimmunity: Ayurvedic Mechanisms Mapped to Modern Immunopathology
7	0511	Dr. DR VIDYA H	9880980308	Autoimmunity Unmasked: An Ayurvedic Lens on Lifestyle, Toxins and Prevention
8	0514	Dr. POONAM GHASAL	7597799103	Ayurvedic Diagnostic Perspective of General Autoimmune Disorders: A Conceptual Review
9	0515	Dr. SHEETAL KUMARI SHARMA	8000829388	A Physiological Review of Dhatu Sara, Ojas, and Vyadhik?Amatva
10	0107	Dr. NIKITHA SRINIVAS	8639542740	Immune Dysregulation in Lichenoid Drug Eruption: A Contemporary Interpretation Through the Ayurvedic Concept of Garavisha
11	0214	Dr. CHINTHAN KAJJARI	6366048450	Deciphering the Anti-Rheumatic and Immunomodulatory Mechanism of Chitraka (Plumbago zeylanica Linn.) Using Network Pharmacology and Molecular Docking
12	0108	Dr. VISMAYA N U	8792278407	Understanding Hashimoto's Thyroiditis Through the Lens of Manas and Gut-Brain Axis
13	0109	Dr. NEHA A R	8951808949	Latent Autoimmune Diabetes in Adults (LADA): Exploring Autoimmunity Through the Ayurvedic Lens
14	0120	Dr. WKT DUSHMANTHA	7349640106	Management of Guillain-Barré syndrome in Ayurveda with special reference to Sarvanga Vata: A case report
15	0578	Dr. INCHARA P	9164460383	Healing Beyond Remission: Restoring Gut Integrity,An Ayurveda approach to crohns disease in children.

CO-ORDINATOR: DR. DHANASHRI PATIL 8884811008



KSHAMATVAM 2026 – OFFLINE PAPER PRESENTATIONS

Presenters: PGs

Venue: PUSHTI – [PG CLASSROOM SWASTHAVRUTTA]

<u>DATE:30.09.2026</u>				<u>TIME:4:00PM TO 6:00PM</u>
SL. NO.	REG. NO.	NAME OF PRESENTER	PHONE NO.	Title
1	0061	Dr. KHUSHBOO KUMAWAT	9928440294	Impact of Lifestyle and Environmental Toxins on Manifestations of Autoimmune Disorders: A Preventive Perspective
2	0501	Dr. RACHNA TIWARI	8097769905	Conceptual Integration of Asatmya and Viruddha Ahara in the Pathogenesis of Autoimmune Disorders: A Review
3	0195	Dr. PADAYA M IBRAHIM MAHEMUD	7622047586	Immunity in Ayurveda: Integrating Ahara, Vihara, and Achara with Gut-Immune and Psychoneuroimmunological Health
4	0497	Dr. PRIYANKA ANIL NITNAWARE	8999221453	Ayurvedic Diagnostic Perspectives in Autoimmune Disorders: A Classical Framework for Immune Dysregulation Assessment
5	0495	Dr. JAY DATTATRAY PATIL	9518352862	Ayurvedic Management of Amavata (Rheumatoid Arthritis) in a Paediatric Patient: A Case Report
6	0335	Dr. VIGNESHAN P	8838516595	Pyoderma Gangrenosum: A Conceptual Correlation with Agni Visarpa and Classical Ayurvedic Therapeutic Perspectives
7	0482	Dr. RAMYA	9901845582	Neuroinflammation Immune Dysregulation and Epigenetic Modulation in Primary Open Angle Glaucoma: A Narrative Review
8	0490	Dr. NISCHITHA VK	7204113597	Ayurvedic Management of Rheumatoid Arthritis : A Case Study
9	0180	Dr. JYOLSNA REMASH.T	9496715917	Prakriti, genotype, and immunity in children: an integrative ayurvedic and genomic perspective
10	0486	Dr. CHARU	9205154592	Ayurvedic Management of Rheumatoid Arthritis (Amavata): A Case Series
11	0172	Dr. BHAVANA CHAUHAN	8282827889	Title: Role of Viddha Karma in the Management of Galaganda – A Review of Case Report
12	0416	Dr. HETAL MOHANBHAI KHADOLA	9726947556	A Comprehensive Exploration of Ayurvedic Immunology in the Brihatrayi
13	0123	Dr. ANU ANTONY C	8921883104	From Speciality to Systems:An Ayurvedic Framework for Personalized Management of Autoimmune Disorders
14	0478	Dr. SNEHA SHETKAR	7337645545	Integrative Postpartum Management of Seronegative Rheumatoid Arthritis Following Cesarean Delivery: A Case Report
15	0103	Dr. DR NAVYA P V	9400450637	Integrative ayurvedic management of autoimmune disorders:role of shamana aushadha and panchakarma

CO-ORDINATOR: DR. SUSHMA SHENOY 9448928299



KSHAMATVAM 2026 – OFFLINE PAPER PRESENTATIONS

Presenters: PGs

Venue: PUSHTI – [PG CLASSROOM SWASTHAVRUTTA]

<u>DATE:01.10.2026</u>				<u>TIME:7:30AM TO 9:30AM</u>
SL. NO.	REG. NO.	NAME OF PRESENTER	PHONE NO.	Title
1	0456	Dr. KALYANI PRAVIN BHOLE	9307560673	Amavata and Rheumatoid Arthritis: Mapping the Evidence and Defining a Future Research Framework for Ayurveda
2	0454	Dr. PRAFUL GAJBHIYE	9926637724	Breaking the Cycle of Relapse: Ayurvedic Management of Psoriasis: A case report
3	0435	Dr. RACHNA SANTOSH MISHRA	7218260391	Autoimmune Thyroid Disorder and Premature Ovarian Insufficiency: A Conceptual Exploration of the Thyroid–Ovarian–Immune Axis through Ayurveda
4	0445	Dr. VINUTA KABADI	8618000026	Ayurvedic Determinants of Immunity: Role of Ahara, Vihara and Achara .
5	0468	Dr. NEETU GURJAR	9079159069	Ojas–Bala–Vyadhi-kshamatva: A Conceptual Triad for Understanding Host Resistance
6	0467	Dr. LAKSHMI CHANDRAKANT RAWOOL	8767770690	From Disease Burden to Better Living: A panchakarma based Comprehensive management of Diffuse Systemic Sclerosis — A Case Report
7	0455	Dr. SHIVANI RAJSHEKHAR RAMPURE	9021442367	Role of Sequential Vamana and Virechana in Autoimmune Inflammatory Arthritis: A Case of Kaphadhikya Vatarakta with Seropositive RA Phenotype.
8	0389	Dr. NALABOTHU RAJARATNAM	8106043190	From hearth to high heat: a path to autoimmunity?
9	0323	Dr. HARITHA T	9072905183	Asatmya and Viruddhahara in Ayurveda: A Critical Conceptual Comparison with the Pathogenesis of Autoimmune Disorders
10	0451	Dr. BHOO MIKA NAVAL	8559800363	Conceptual Integration of Viruddha Ahara in the Pathogenesis of Autoimmune Disorders: An Ayurvedic Perspective
11	0450	Dr. MALUNJEKAR SHRUTI SANJAY	7666813841	Epigenetic pathway of smoking induced crohn’s disease: an integrated perspective
12	0449	Dr. APURVA	8073825302	Bridging Ayurvedic Pathophysiology and Modern Mucosal Immunology: The Role of Asatmya and Viruddha Ahara in Autoimmunity
13	0070	Dr. TEJASWINI P	9743415876	Role of Yapana Basti in the Management of Autoimmune Disorders
14	0110	Dr. SHREYAS D	9886735020	Dermatomyositis: an ayurvedic perspective with successful clinical management: a case report
15	0304	Dr. SRUTHI T SURESH	8281096778	Beyond the gluten free diet: ayurvedic insights into pediatric celiac disease management

CO-ORDINATOR: DR. SUSHMA SHENOY 9448928299



KSHAMATVAM 2026 – OFFLINE PAPER PRESENTATIONS

Presenters: PGs Venue: SAMARTHYAM – [PG CLASSROOM KRIYA SHAREERA]

<u>DATE:30.09.2026</u>				<u>TIME:4:00PM TO 6:00PM</u>
1	0333	Dr. SAHANA U	7019510337	The Gut-Immune Connection: Combining Deepana-Pachana Dravyas to Treat Autoimmunity”
2	0431	Dr. SHILPA MURALI	8281159901	Sweet Defense, Bitter Shield: Decoding Madhura-Tikta Rasa Synergy in Beta Cell Protection Against Type 1 Diabetes
3	0183	Dr. DR KARNATAKAM BHARGAVI	8150066520	From Immune Dysregulation to Immune Balance: An Ayurvedic Approach through samanaushadha and Panchakarma
4	0124	Dr. POOJA JAYAPRAKASH HEGDE	9008684889	Ayurveda in managing immune-mediated β -cell loss in children—a conceptual review.
5	0299	Dr. SUDARSHANA RAO G D	8746992422	From manuscript to mechanism: Exploring Yantra Prayoga described in Vaidyamanotsava through the immunobiology of parturition
6	0425	Dr. AMOGH KULKARNI	8497834261	Balancing the Immune Response: The Efficacy of Ashwagandha and Guduchi in Autoimmune Disorders
7	0434	Dr. SHIVANI BAHETI	9602218321	Asatmya and Viruddha Ahara: An Ayurvedic Perspective on the Pathogenesis of Autoimmune Disorders
8	0627	Dr. HEEBA MANJREKAR	9591151843	A Mesmerizing Ayurvedic Approach in Secondary Sjögren’s Syndrome based on the Concept of Viruddha Ahara and Gut Microbiota
9	0430	Dr. DR KEERTHI SOMASHEKAR	9148377758	From Soil to Self: Can Industrially Grown Vegetables Become a Hidden Link to Autoimmunity?
10	0302	Dr. RAKSHITHA R	9945067855	Role of tagara chandanadi agada yoga in the management of autoimmune disease a critical overview
11	0313	Dr. KEERTHANA C V	9790931586	Evidence-Based Scientific Approach in the Ayurvedic Management of Psoriasis: A Case Series
12	0363	Dr. ANIL KUMAR	7060841228	Impact of Lifestyle and Environmental Toxins on Manifestation of Autoimmune Disorders: Preventive Perspective
13	0421	Dr. GAMETI MANSVIBEN JAYANTIBHAI	8155952810	Conceptual study of Gara Vi?Ha in the pathogenesis of Autoimmune Disorders
14	0368	Dr. KRISHNA KUMAR P	9497124025	Jalaukavacharana in Congestive Non-Healing Ulcers of Systemic Sclerosis: A Conceptual Integrative Perspective Bridging Ayurveda and Modern Vascular Immunology
15	0407	Dr. SHARMA SONAM SUNIL	9892824208	Intergrative approach in the management of systemic lupus erythematosus: a case report

CO-ORDINATOR: DR. BHARADWAJ T 8555967957



KSHAMATVAM 2026 – OFFLINE PAPER PRESENTATIONS

Presenters: PGs Venue: SAMARTHYAM – [PG CLASSROOM KRIYA SHAREERA]

<u>DATE:01.10.2026</u>				<u>TIME:7:30AM TO 9:30AM</u>
SL. NO.	REG. NO.	NAME OF PRESENTER	PHONE NO.	Title
1	0409	Dr. VISHWA PATIL	8904447262	Conceptual Integration of Asatmya and Viruddha Ahara in the Pathogenesis of Autoimmune Disorders.
2	0406	Dr. LAXMAN PRAJAPAT	9660140960	Integration of the Concept of Vi?A (Gara and Du?I) in the Pathogenesis of Autoimmune Disorders
3	0398	Dr. TRUPTI K KAGAWADE	6362324714	“Conceptual Integration of Asatmya and Viruddha Ahara in the Pathogenesis of Autoimmune Disorders with Special Reference to Amavata”
4	0405	Dr. SHRUTI SUNIL PATIL	7798930172	Epigenetics of Autoimmunity: Decoding Lifestyle and Environmental triggers of Autoimmune Disorders and its Prevention through Ayurveda.
5	0399	Dr. AMIT KUMAR	7240154415	Specialty-Specific Ayurvedic Management of a Chronic Non-Healing Lower-Limb Ulcer in Rheumatoid Arthritis: A Case Report
6	0397	Dr. GARIMA CHOUHAN	6377107164	Ayurvedic Management of Dushivishajanya Eka Kushta (Psoriasis): A Case Report
7	0353	Dr. GEETHA N S	9945650190	Vikara Vighata Bhava-Abhava: Understanding Disease Resistance and Susceptibility in Autoimmunity.
8	0376	Dr. SNEHA V	6363002590	“Mind, Diet, and Genes: Epigenetic Reprogramming through Ayurveda - A conceptual review”
9	0067	Dr. JAGADISH S YADGIR	7899024153	From Viruddha Ahara to the Gut–Immune Axis: A Mechanistic Framework for Autoimmune Pathogenesis
10	0320	Dr. NEHA SHARMA	7780936826	Ayurvedic management of amavata (rheumatoid arthritis) - a case study
11	0355	Dr. MAYURI PANDURANG DEGADE	7385981228	Glyphosate as Dushi Visha in the Pathogenesis of Irritable Bowel Syndrome (IBS) and Autoimmune Enteropathies
12	0356	Dr. SUDIKSHA SALYA	7024291647	Lifestyle and Environmental Factors in Autoimmune Disorders: An Ayurvedic Conceptual Review
13	0295	Dr. PARUL AGRAWAL	9634409450	Conceptual Integration of Immunology with the Ayurvedic Parameter Agni: An Integrative Review
14	0087	Dr. ASHMI ROBERT	8610373758	When food becomes the trigger: dietary incompatibility in the pathogenesis of vatarakta
15	0064	Dr. APARAJITA DAS	9353663505	Autoimmune dimension of cholelithiasis: an integrated ayurvedic and contemporary perspective on mechanisms, associations, and clinical implications.

CO-ORDINATOR: DR. BHARADWAJ T 8555967957



KSHAMATVAM 2026 – OFFLINE PAPER PRESENTATIONS

Presenters: PGs

Venue: VEERYAM – [PG CLASSROOM AGADA TANTRA]

<u>DATE:30.09.2026</u>				<u>TIME:4:00PM TO 6:00PM</u>
1	0331	Dr. PRIYANKA NH	9164828125	An Integrative Ayurvedic Approach to Systemic Sclerosis through Panchakarma: A Case Report
2	0325	Dr. SANJANA S NADAGOUDA	9380863443	Immunity turned inward- a single case study on management of guillian-barre syndrome
3	0098	Dr. KRITI	6284132516	Garbhadhana Samskara in shaping the epigenetics of fetus: A Conceptual Study.
4	0442	Dr. AKSHIKA SHARMA	8107774348	Role of Ahara in Dhatu Saratva and Vyadhikshamatva: An Ayurvedic-Physiological Correlation
5	0131	Dr. SUHAS ANNADANI HIREMATH	9480582981	The Environment-Epigenome-Immune Axis: Translational Perspectives from Ayurveda in Autoimmune Disorders
6	0129	Dr. SATHYAVIKAS JAIN	8762123100	A Structured Basti in the Management of Guillain – Barre Syndrome: A Case Report
7	0296	Dr. RAHUL RAVAL	9712168653	Exploration of Ayurvedic Parameters in Personalized Immune Health
8	0050	Dr. LEKSHMI A NAIR	7592841484	Modifiable Lifestyle and Environmental Determinants of Rheumatoid Arthritis: An Ayurvedic Preventive Perspective
9	0287	Dr. DR MADHU M HOLEYANNAVAR	9108120335	Beyond the plaques- A Holistic Ayurveda Triumph
10	0215	Dr. ROHAN DEEPAK POL	8329075732	Exploring Cluster of Differentiation Markers (CD) in Aamvata (Rheumatoid Arthritis) Managed with Langhana-Pachana Chikitsa with Musta Phanta: A Case Series
11	0097	Dr. RAGHU KRISHNA M M	9741204607	Understanding type 1 hypersensitivity through the ayurvedic concept of ama
12	0273	Dr. AKSHAY KOSHIYA	8849405546	Clinical Resolution of Pemphigus Vulgaris with Ayurvedic Management: A Case Report
13	0082	Dr. JITHINA P	9606714272	Endocrine disruptors as emerging trigger of autoimmunity
14	0466	Dr. VINAYAKA JOISH	9448625916	Role Of Ayurvedic Intervention In The Management Of Myasthenia Gravis: A Case Report
15	0332	Dr. KAVERI BABRUWAN PATIL	9156284017	Decoding Immunity through the Ayurvedic Lens of Diet, Lifestyle and Conduct

CO-ORDINATOR: DR. PAVITHRA PAI 7259231014



KSHAMATVAM 2026 – OFFLINE PAPER PRESENTATIONS

Presenters: PGs

Venue: VEERYAM – [PG CLASSROOM AGADA TANTRA]

<u>DATE:01.10.2026</u>				<u>TIME:7:30AM TO 9:30AM</u>
1	0408	Dr. SAHANA C	9035156377	Beyond Conventional Therapy: Managing Refractory Autoimmune Myofibrositis through Ayurveda
2	0091	Dr. SHREEKANTH GOWDA K C	8105048729	Avasthanusara chikitsa in the management of ekakushta (plaque psoriasis) through shamana chikitsa and bahya upakramas: a case study
3	0179	Dr. SAMIKSHA KAMBLE	7483158301	Ulcerative colitis and parpati kalpana
4	0447	Dr. KOMAL SHARMA	8949659973	Ayurvedic Management of Eka Ku??Ha (Scalp Psoriasis) Using Herbo-Mineral Formulations: A Case Report
5	0092	Dr. DR SHILPA D	7204421998	Avasthanusara chikitsa upakrama: a stage-specific ayurvedic approach in sravi vicharchika – a case study
6	0744	Dr. VAISHNAVI SHRINEWAR	8698980360	A Multi-Dimensional Treatment Approach for Autoimmunity induced Hypothyroidism Obesity – A Clinical Study
7	0512	Dr. AYESHA AFNAN	9591438360	Beyond disease control: Integrating Manasa Pratibhaishajya in the management of suicidal behaviour associated with autoimmune disorders
8	0301	Dr. KARTHIK K SANNINGAPPANAVAR	7022568383	Critical Review of Ayurvedic Treatment in the management of Psoriasis: An Analysis of Five Clinical Studies in between 2020–2026
9	0697	Dr. LAVANYA KUMARI	7019979755	Integrative Clinical Management of Autoimmune Disorders: A Contemporary Perspective on Samana, Pañcakarma and Rasayana in Ayurveda.
10	0471	Dr. SUPRABHA BHAVAN MANJAREKAR	9607550924	Rebalancing the joints : An Ayurvedic Approach to The Clinical Management of Rheumatoid Arthritis – A Case Study
11	0115	Dr. ANAGHA N RAO	8618601682	Ayurvedic Management and 3-year Recurrence-free follow-up in a child with Transverse Myelitis associated with Myelin Oligodendrocyte Glycoprotein Antibody: A Case-Report
12	0213	Dr. NAYEEMABANU	8861622535	Understanding of Rogibala and Immunogenetics: an integrative perspective
13	0102	Dr. VANDANA V S	8921126956	Panchakarma-based multimodal ayurvedic management of systemic lupus erythematosus: an illustrative case study
14	0535	Dr. DARADE NIKITA NIVRITTI	8459606842	Management of eka ku??Ha w.s.r. To plaque psoriasis through vamanottara virecana: a case report.
15	0630	Dr. DR SRUJANA N	6362338544	An ayurvedic approach to the management of amavata through bahya and shamana chikitsa: a case study

CO-ORDINATOR: DR. PAVITHRA PAI 7259231014