



**SRI DHARMASTHALA MANJUNATHESHWARA COLLEGE OF AYURVEDA HOSPITAL
& RESEARCH CENTRE, KUTHPADU, UDUPI – 574118**

KSHAMATVAM 2026 – OFFLINE PAPER PRESENTATIONS

Presenters: FACULTY

Venue: BALAM - BHAVAPRAKASHA AUDITORIUM

<u>DATE:30.09.2026</u>				<u>TIME:4:00PM TO 6:00PM</u>
SL. NO.	REG. NO.	NAME OF PRESENTER	PHONE NO.	TITLE
1	0766	Dr. NARAYAN BAVALATTI	9650715615	A case report on management of autoimmune oriented scleritis: an ayurvedic approach
2	0756	Dr. SPHATIKA KALKURA K	7026166403	Classical Management of Raktatisara as a Modality for Ulcerative Colitis: Pharmacological Validation of an Unpublished Formulation from Akalanka Sa?Hita
3	0100	Dr. KAVYAKALA	8971210185	Hemantha and Shishira Rutu-An ayurvedic -modern perspective on seasonal immune adaptation
4	0520	Dr. SUMAYYA IQRA	7411168795	Manas and Autoimmune disorders- Exploring Psychopathophysiology and Treatments
5	0750	Dr. TANVI DAYANAND	8830956138	A systematic review of Rajata Bhasma and silver nanoparticles as potential immunomodulators
6	0714	Dr. DEEPAK V. M.	8848671472	Exploring the therapeutic efficacy of avil kizhi (pruthuka ushna sweda) in rheumatoid arthritis: case experiences.
7	0036	Dr. MADHUSUDAN BG	9986284748	Autoimmunity: through the lens of ayurveda
8	0715	Dr. ARCHANA KALLURAYA	9448797045	“Environmental Signals, Epigenetic Regulation and Amavata: A Conceptual Study in Idiopathic Juvenile Arthritis”
9	0489	Dr. SINDHOORA V PRABHU	8197479442	An Integrated Panchakarma Approach in the Management of Ankylosing Spondylitis: A Case Report
10	0576	Dr. SHREEPRADHA SUBRAHMANYA SHASTRI	7899551122	Exploring Herbo-Mineral Nanoparticles as Immunomodulators in Autoimmune Disorders

<u>DATE: 01.10.2026</u>				<u>TIME:7:30AM TO 9:30AM</u>
SL. NO.	REG. NO.	NAME OF PRESENTER	PHONE NO.	TITLE
1	0174	Dr. RAKSHITHA R	6363424607	Ama in Immune Dysfunction: An Ayurvedic and Modern Perspective
2	0539	Dr. CHAITHRA K	9481228123	Role of Ayurvedic procedure dic procedures in Amavata with special reference to Rheumatoid Arthritis
3	0211	Dr. ARUNA DEVI D P	9496465679	Network Pharmacology: Unlocking Ayurvedic Plant Drugs for Autoimmune Disorders
4	0177	Dr. TREDHA VYAS	7990086551	Ahara–Vihara–Acara Matrix and Cumulative Homeostatic Load: A Dynamic Viruddhata–Avara?A Framework for Understanding Ojo-du??I and Autoimmunity.
5	0460	Dr. MADHURYA	8123991401	Role of Virechana in Psoriasis - An Ayurvedic perspective on Autoimmune pathology
6	0458	Dr. AMRITHA RAJAN	9482414687	Bridging amavata and rheumatoid arthritis: integrating agni, ama, panchakarma chikitsa and microbiota–immune perspectives
7	0412	Dr.VASANTH KAMATH	9743217887	Ayurvedic approach to immunity: the role of ahara, vihara and acara
8	0272	Dr. G. ANITA GAYATRI	9131995741	S’un?T?Hi (Zingiber officinale): A Boon for all Autoimmune Diseases
9	0045	Dr. RADHIKA C	8746939492	Beyond Kapha: Decoding the Mystery of Shleshma, Bala and Ojus
10	0116	Dr. MAYANK KUMAR GUPTA	9694510297	Chronic Dietary Incompatibility and Autoimmune Risk Translating Asatmya and Viruddha Ahara
11	0104	Dr. NITIN V	9901865656	“From neurological crisis to functional independence” - the success story of recovery from g.b. syndrome through a structured panchakarma protocol.

CO-ORDINATOR: DR. SHAILESH 9481522560